

COUNSELING SERVICES

Adolescents

Services for adolescent (ages 13-17) survivors of crime include individual and group counseling. We also offer counseling to the parents of victims and their family members.

Adults

Individual and group counseling services are available for all adult survivors of crime, regardless of the age when the trauma occurred.

Current Groups Available:

- Gunshot Survivors Support Group
- Adult Survivors of Childhood Sexual Abuse
- Grief Support Group for Teens
- Spanish Trauma Recovery Group

CONTACT US

1060 Madison Ave
Memphis, TN 38104

Phone: **(901) 222-3950**

Fax: (901) 222-4363 or
(901) 222-4351

HOURS OF OPERATION

Monday - Friday
8am to 6pm

After hours, please call our
24-Hour Sexual Assault
Hotline: (901) 222-4350



SHELBY COUNTY CRIME VICTIMS & RAPE CRISIS CENTER

COUNSELING SERVICES

www.shelbycountyttn.gov/victim

COPING AFTER A CRIME:

As a victim of a crime, you may be experiencing an array of emotions that can be overwhelming. These feelings may be having a negative impact on your quality of life.

Asking for assistance is not always easy, however, it is a necessary step toward obtaining the help and support you need to recover. Please know that you are not alone and we can help.

CVRCC offers crisis intervention and counseling sessions to victims of crime and their family.

CVRCC complies with all state and federal laws regarding confidentiality.

WHAT TO EXPECT IN COUNSELING:

Healing from trauma is a gradual and individual process.

Together, you and your counselor will determine what course of counseling is appropriate for you. Counseling sessions typically last 50 minutes, beginning at the set appointment time. The number of sessions each individual needs can vary.

The first few counseling sessions will focus on crisis intervention and walking through a psychosocial assessment, which will help you and your counselor establish an appropriate course of intervention for you.

Telehealth and flexible schedule options are available.

Individuals under the age of 16 (minors) must have consent from a parent/guardian to participate in counseling services. Parents/guardians are encouraged to participate in psycho-educational counseling to obtain increased knowledge of how to support their child throughout the treatment process.

Clients needing psychotherapy and/or psychiatric services not available at CVRCC will be provided with referrals to appropriate care providers. Individuals may be responsible for payment of those services received outside of CVRCC.

ALL CVRCC COUNSELING SERVICES ARE PROVIDED AT NO COST TO THE CLIENT.