



LEE HARRIS  
MAYOR

# SHELBY COUNTY HEALTH DEPARTMENT

ALISA R. HAUSHALTER, DNP, RN, PHNA-BC  
DIRECTOR

BRUCE RANDOLPH, MD, MPH  
HEALTH OFFICER



**Public Health**  
Prevent. Promote. Protect.

FOR IMMEDIATE RELEASE  
Date: November 5, 2019

CONTACT: Joan Carr  
Office: (901) 222-9010  
Cell: (901) 691-5704

## Free Flu Shots Available on Tuesday, November 19, 2019

SHELBY COUNTY, TN – The Shelby County Health Department is offering free flu vaccinations at no charge during a special statewide “**FightFluTN**” vaccination event on Tuesday, November 19, 2019.

The influenza vaccine will be offered at no charge at all Shelby County Public Health Clinics during the hours of 9:00 a.m. and 3:30 p.m. No appointment is needed. Below is the list of clinics offering the free vaccines:

**Cawthon Public Health Clinic**  
1000 Haynes, 38114

**Millington Public Health Clinic**  
8225 Highway 51 North, 38053

**Collierville Public Health Clinic**  
167 Washington St., 38017

**Shelby Crossing Public Health Clinic**  
6170 Macon Road, 38133

**Hickory Hill Public Health Clinic**  
6590 Kirby Center Cove, 38118

**Southland Mall Public Health Clinic**  
1287 Southland Mall, 38116

**Immunization Clinic**  
38105

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The free vaccine will also be offered at a special after-hours clinic on November 19<sup>th</sup>, from 4:00 p.m. to 7:00 p.m. at New Direction Christian Church at 6120 Winchester Road.

**After-Hours Flu Shot Clinic**  
**November 19, 2019**  
**4:00 p.m. to 7:00 p.m.**  
**New Direction Christian Church**  
**6120 Winchester Road, Memphis, TN 38115**

“Getting a flu vaccine is the best way to protect yourself, your family, and others from the flu, which can cause serious illness, hospitalization, and even death,” said Shelby County Health Department Director Alisa Haushalter. “We urge everyone in Shelby County who has not yet received a flu shot to get one now, before the busy holiday season.”

### Mission

*To promote, protect and improve the health and environment of all Shelby County residents.*

**814 Jefferson Avenue ♦ Memphis, TN 38105 ♦ 901 222-9000 ♦ [www.shelbytnhealth.com](http://www.shelbytnhealth.com)**

Annual vaccination against influenza is recommended for everyone six months and older, and is especially recommended for the following individuals:

- Pregnant women
- People 50 years of age and older
- People of any age with chronic medical conditions, including asthma and other lung diseases, heart disease, kidney disease and diabetes
- People who live in nursing homes and other long-term care facilities
- People who care for those at high risk for complications from influenza, including:
  - Health care workers;
  - Household contact of persons at high risk for complications from influenza;
  - Household contacts and caregivers of children less than six months of age.

The flu vaccine contains inactivated virus, so it cannot cause flu illness. Side effects from the vaccination are usually short-term and mild, and may include soreness at the injection site, low grade fever, and body aches.

In addition to the flu vaccine, the Shelby County Health Department recommends the following measures to slow the spread of flu virus in our community:

- If you are sick with a flu-like illness, stay home.
- Cover your nose and mouth with tissue when you cough or sneeze. After using the tissue, throw it in the trash and wash your hands.
- Wash your hands often with soap and water. Use alcohol-based hand sanitizers if soap and water are not available.

For more information about influenza in Shelby County, please visit our website at [www.shelbytnhealth.com](http://www.shelbytnhealth.com).

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