



NEWS from the Shelby County Mayor's Office

Lee Harris, Mayor

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FOR IMMEDIATE RELEASE

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Mayor Lee Harris Announces Move with the Mayor Events

The walk, ride, and run are part of the healthyShelby '19 programming.

Memphis, TN – The healthyShelby '19 awareness campaign continues with a series of Move with the Mayor events. There will be a walk, ride, and run. Shelby County Employees, Shelby County Commissioners, the public, and the media are invited to walk, ride, and run with Mayor Harris.

“We want to raise awareness for getting out and moving in the great public green spaces in Shelby County,” says Mayor Harris. “No matter their fitness level, I hope citizens will join me. There is something for everyone.”

“One of the gems of our community happens to be in my district, Shelby Farms,” says Commissioner Michael Whaley. “I am thrilled to support any event that highlights green spaces like Shelby Farms. The more people using these unique community features, the better.”



“I hope every Shelby County resident will try to move every day,” says Shelby County Commissioner Brandon Morrison. “I look forward to the Move with the Mayor events and raising awareness of all the ways to enjoy physical activity in Shelby County.”

WALK WITH THE MAYOR

The first event is a walk through the new Epping Way segment of the Wolf River Greenway Trail. The ribbon cutting for this trail will take place at 9am on April 27th. The Walk with Mayor Harris will commence shortly after. Upon completion, the Wolf River Greenway trail will be a 26-mile-long paved hiking and biking path connecting approximately 850 acres within the City of Memphis.

Walk with the Mayor
Epping Way Segment of Wolf River Greenway
2630 Epping Way Drive
Saturday April, 27, 2019
9:30 am

“The completed Wolf River Greenway trail will truly be a greenway and linear park unlike any other in our community. It will be transformative,” says Keith Cole, Executive Director of the Wolf River Conservancy. “The Wolf River Conservancy is leading the activation of the trail in the community in a variety of methods such as 5K runs, nature walks, service projects, and environmental education programs. We’re excited to have the Move with the Mayor Walk at the Epping Way Ribbon Cutting event.”

RIDE WITH THE MAYOR

May is National Bike Month and the second week in May is National Bike to Work Week. This May, Shelby County Government will celebrate its new partnership with the nonprofit, Explore Bike Share. Shelby County employees will be encouraged to enroll in a year long Explore Bike Share membership at the subsidized rate of only \$25. On May 15th at 4:30pm, Shelby County Government will unveil an Explore Bike Share docking station at 160 North Main. The Move with the Mayor Bike Ride will commence after the ribbon cutting.



Ride with the Mayor
Shelby County Administration Building
160 North Main
Wednesday May 15, 2019
4:30 pm

“We’re grateful to Mayor Harris and the County for their commitment to our nonprofit mission of bringing equitable transportation amenities to our community,” says Trey Moore, Executive Director of Explore Bike Share. “The investment is about more than just bikes; it’s about connecting Memphians in more ways.”

RUN WITH THE MAYOR

Runners can Move with the Mayor this fall. The healthyShelby 5k at Shelby Farms Park takes place September 7, 2019. The Mayor will be running the 5k and encourages all Shelby County employees to sign-up to run or walk. In addition to the 5k, there will be a health fair, bounce house, DJ, giveaways, and an award ceremony. The healthyShelby ‘19 campaign is focused on healthy eating, physical fitness, and mental health and wellness. All proceeds from the race will directly benefit these public health concerns.

Run with the Mayor
Shelby Farms Park
Saturday September 7, 2019
7:00 am

Participants in Run/Walks/Rides with the Mayor acknowledge the risk of injury and, through voluntary participation, waive any and all rights, claims, or causes of action of any kind whatsoever arising out of participation in these events.

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