



## Local Health, Safety and Preparedness Begins With You

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MRC volunteers train - individually and with other members of the unit - in order to improve their skills, knowledge and abilities. Sometimes the training is coursework, and other times it is part of a drill or exercise conducted with partner organizations in the community. Continuing education units and credits are even available for some programs.

Many MRC volunteers assist with activities to improve public health in their community – increasing health literacy, supporting prevention efforts and eliminating health disparities.

In an emergency, local resources get called upon first, sometimes with little or no warning. As a member of an MRC unit, you can be part of an organized and trained team. You will be ready and able to bolster local emergency planning and response capabilities.



The specific role that you will play, and the activities in which you will participate, will depend upon your background, interests and skills, as well as the needs of the MRC unit and the community.

Additional information can be found at the Shelby County MRC website at [www.shelbycountyttn.gov/mrcvolunteers](http://www.shelbycountyttn.gov/mrcvolunteers) or the national website at [www.medicalreservecorps.gov](http://www.medicalreservecorps.gov)

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